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HILLMAN STUDENTS FOR MENTAL HEALTH AWARENESS

PRESS RELEASE

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HILLMAN STUDENTS LAUNCH CAMPAIGN TO RAISE AWARENESS ABOUT MENTAL HEALTH

PLANS CALL FOR YEAR-LONG SERIES OF EVENTS AND PROGRAMS

Students to Impact Campus and Community

Washington, DC – September 15, 2009 – In a move that underscores the growing importance of mental health issues facing young people, the Hillman Students for Mental Health Awareness (HSMHA), a newly founded student-led organization based at Hillman College, has announced a year-long campaign to raise awareness and activity relating to mental health issues on the college's campus and in the local community.

The effort will involve a slate of ongoing events, including panel discussions, speaker series, film screenings, town hall meetings and exhibits, among others. Plans call for the campaign to kick off with a campus-wide "Mental Health Day" observance during the school's Homecoming celebration in mid-October, followed by additional programs throughout the fall and spring semesters.

"We just felt the time was right to help get our fellow students and the community more aware of this issue," says Dwight James, president of HSMHA and a third-year Hillman College student. "Even with all the information available, mental health remains a topic that we as a people just don't talk about enough. The members of HSMHA felt it was time for students to take the lead in raising awareness about mental health issues."

A year-long calendar of events, along with information regarding the HSMHA website and toll-free 800 number, will be announced during the Homecoming launch. All students are encouraged to join and/or support HSMHA.

For more information, please contact the group's Communications Director Billie Smith at (email address/phone here).

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About Hillman Student for Mental Health Awareness

Hillman Students for Mental Health Awareness (HSMHA) is a newly founded, student-led organization dedicated to raising awareness around mental health issues impacting Hillman College students and the surrounding Washington, DC, community. Its efforts involve conducting seminars, workshops, speaker series, film presentations, exhibits and other special events aimed at getting more students and community members informed and involved in a wide range of mental health issues.

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